# Need a ride to your dental appointment? Medi-Cal canhelp!

## **Non-Medical Transportation (NMT)**

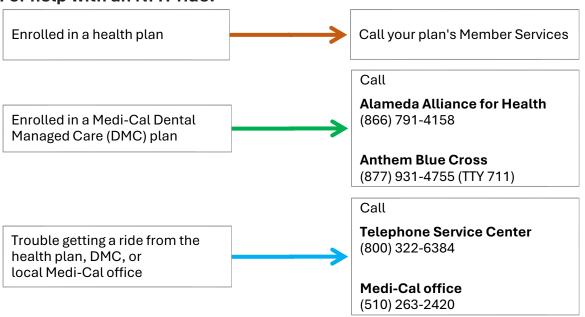
You can use NMT for

- Dental or medical appointments covered by Medi-Cal
- Picking up prescriptions, medical supplies, or equipment.

Ask for a ride 5-10 days before your appointment. If you have many future appointments, your medical or dental provider can arrange transportation in advance for you.



#### For help with an NMT ride:





## **Non-Emergency Medical Transportation (NEMT)**

Medi-Cal offers NEMT services to members based on a medical need including:

- Wheelchair vans
- Litter vans
- Ambulances
- Air transportation



### For help with an NEMT ride:

If you have a Dental Managed Care plan, call Member Services. You will need a prescription from a licensed provider.

Alameda Alliance for Health Member Services (510) 747-4567

**Anthem Blue Cross Member Services** (800) 407-4627

If you have Fee-For-Service Medi-Cal, your dentist or doctor can help you set up the NEMT ride.



